



*Representing the shared advocacy interests of the  
Nassau-Suffolk Hospital Council (NSHC) and the  
Northern Metropolitan Hospital Association (NorMet)*

**FOR IMMEDIATE RELEASE**

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## **Hospitals Intensify Flu Prevention Efforts**

### *Flu Shots and Surgical Facemasks Part of Effort to Stem Flu*

HAUPPAUGE, N.Y. (December 21, 2018) – Flu virus was declared prevalent by the New York State Health Commissioner on December 20, 2018, and hospitals on Long Island and throughout the Hudson Valley are taking additional steps to prevent the spread of flu, including enhanced efforts to vaccinate all employees and distribution of surgical facemasks. Worn by employees, masks offer a physical barrier to flu transmission. This is a comprehensive endeavor to protect patients, visitors, and employees from exposure to the flu virus.

While an annual flu vaccine remains the single best method for preventing the flu, a surgical facemask, worn by employees, provides added protection to patients, employees, and visitors. All hospitals on Long Island and in the Hudson Valley offer the flu vaccine to all employees and also provide employees with surgical facemasks, as required by New York State public health law.

As a matter of standard practice, all Long Island and Hudson Valley hospitals enforce universally-recognized precautions to prevent the flu. These include hand washing, the use of hand sanitizers placed conveniently throughout the hospital, as well as goggles and gowns. In addition, all hospitals adhere to rigorous infection control guidelines and policies every day to ensure a clean environment for patients, staff, and visitors. These practices are especially important during flu season. Antiseptic wipes are located in patient rooms, workstations, hallways, and other treatment areas and are easily accessible to hospital employees responsible for sanitizing medical equipment and surface areas.

“Flu prevention is a priority at all hospitals on Long Island and in the Hudson Valley. Hospital employees work every day to lessen the spread of flu virus by adhering to strict infection control practices and prevention guidelines,” said Kevin Dahill, president/CEO of the Suburban Hospital Alliance of New York State, the organization that represents hospitals in the nine counties east and north of New York City. “Hospitals, nursing homes, and other facilities must also document the number and percentage of personnel vaccinated against the flu to state and federal authorities.”

Most hospitals offer flu shot clinics. For more information about these services, please call the local hospital.

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